

# Community Resources

## THERAPEUTIC SERVICES

The following is a list of providers that offer a variety of therapeutic services. For more information on what services they provide, their contact information is included below. If they aren't located in Shenandoah County, they may still provide services to our area.

- A Quiet Mind (Front Royal) 540.252.4997
- Adagio House (Harrisonburg) 540.746.0345
- Brightview (Substance) 833.510.4359
- Community Counseling Center (Harrisonburg) 540.433.1546
- Connected Communities (Winchester) 540.404.5885
- E.A.S. (Winchester) 540.686.7249
- Family Insight (Winchester) 540.486.4653
- Family Preservation (Winchester) 540.535.0043
- Life Enrichment Services (Woodstock) 540.908.8585
- Hand to Heart 540.578.1584
- Haven Mental Health Center (Front Royal) 540.692.8909
- Health Connect America (Harrisonburg) 540.440.7027
- Catherine Mendoza (Woodstock) 540.335.0660
- Listen Play Counseling (Woodstock) 540.435.4632
- National Counseling Group (Winchester) 540.450.2734
- Northwestern Community Services (Woodstock) 540.459.5180
- Beth Rudy (Woodstock) 540.325.9000
- Shenandoah Community Health Clinic (Woodstock) 540.459.1700
- Teens (Winchester) 540.324.8965
- Strength in Peers (Harrisonburg) 540.217.0869
- Valley Family Support (Harrisonburg) 540.328.0242
- Wellness 8 540.664.0328
- Winchester Community Mental Health Center (Winchester and Strasburg) 540.535.1112

Updated 1-2023

# Recursos comunitarios

## SERVICIOS TERAPÉUTICOS

La siguiente es una lista de proveedores que ofrecen una variedad de servicios terapéuticos. Para obtener más información sobre los servicios que brindan, su información de contacto se incluye a continuación. Si no están ubicados en el condado de Shenandoah, aún pueden proporcionar servicios a nuestra área.

- Una mente tranquila (Front Royal) 540.252.4997
- Casa Adagio (Harrisonburg) 540.746.0345
- Centro de Consejería Comunitaria (Harrisonburg) 540.433.1546
- Comunidades conectadas (Winchester)540.404.5885
- E.A.S. (Winchester) 540.686.7249
- Family Insight (Winchester y Harrisonburg)) 540.540.324.8965
- Preservación familiar (Winchester) 540.535.0043
- Servicios de enriquecimiento de vida (Woodstock) 540.908.8585
- Mano al corazón 540.578.1584
- Centro de Salud Mental Haven (Front Royal) 540.692.8909
- Health Connect America (Harrisonburg) 540.440.7027
- Catherine Mendoza (Woodstock) 540.335.0660
- Listen Play Counseling (Woodstock) 540.435.4632
- Grupo Nacional de Consejería (Winchester) 540450.2734
- Servicios Comunitarios del Noroeste (Woodstock) 540.459.5180
- Beth Rudy (Woodstock) 540.325.9000
- Shenandoah Community Health Clinic (Woodstock) 540.459.1700
- Adolescentes (Winchester) 540324.8965
- Fuerza en pares (Harrisonburg) 540.324.8965
- Valley Family Support (Harrisonburg) 540.328.0232
- Centro Comunitario de Salud Mental de Winchester (Winchester y Strasburg) 540.535.1112